



# INGABA USEBENZISA IZINDLU ZANGASESE KUNYE NEEMPOMPO EZISETYENZISWA NGABANTU ABANINZI EMATYOTYOMBENI?

## IINDLELA ZOKUTH-INTELA AMATHUBA OKUFUMANA ICORONA VIRUS (OKANYE I-COVID-19):

1. Zama kangangoko unako ungabambi nayiphi na indawo yomnyango wendlu yangasese okanye isiciko sethobhi ngezandla zakho.
2. Sebenzisa iphepha xa uvula impompo, ucango lwendlu yangasese okanye isiciko sethobhi.
3. Ungalisebenzisa unyawo okanye igxalaba lakho ukuvula umnyango wendlu yangasese.
4. Zama ukumelakude, komgama olingana ne2 mitha (metre) kunabanye abantu, ngakumbi xa-umele ukusebenzisa indlu yangasese okanye impompo.
5. Emva kokusebenzisa igumbi langasese okanye impompo – musa ukubamba amehlo akho, impulo okanye umlomo wakho ude uhlambe izandla zakho ngesepha namanzi.
6. Ungacoca indlu yangasese neempompo ngokudibanisa lomxube (iitispuni ezi-4 zeJik™/iblitshi uzigalele kwilitha (1 litre) yamanzi Uqinisekise ukuba ugcina lo mxube kude nabantwana).

## IMIZUZWANA EYI20



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